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An Introduction to Clinical Psychology and Psychotherapy (Compilation Video N° 7)

Finding Work That Works When You Have Bipolar Disorder

Basic Counselling Skills Richard Nelson

It explores 17 key counselling skills, including: -asking questions -monitoring -facilitating problem solving -negotiating homework Each chapter describes a particular skill, illustrates it using clear case examples across a range of settings and then helps you consolidate and practise what you've learned through a set of creative activities.

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